

August

2024

July						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
	Cross Country Long Acre/Moody Park 5:30-7:30pm	Cross Country Long Acre/Moody Park 5:30-7:30pm	Cross Country Long Acre/Moody Park 5:30-7:30pm	Cross Country Long Acre/Moody Park 5:30-7:30pm		
18	19	20	21	22	23	24
	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
25	26	27	28	29	30	31
	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
1	2	3	4	5	6	7

September

2024

August						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

October						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
8	9	10	11	12	13	14
	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
15	16	17	18	19	20	21
	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
22	23	24	25	26	27	28
	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
29	30	1	2	3	4	5
	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
6	7	8	9	10	11	12

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

October

2024

September

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

November

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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2	3	4	5
	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
6	7	8	9	10	11	12
Tallahawh Meet Principia College	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
13	14	15	16	17	18	19
Dashers Track Cross Country Meet Belleville West 9am	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
20	21	22	23	24	25	26
Scorpions TBA	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
27	28	29	30	31	1	2
Ultimate Speed Academy TBA	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm			
3	4	5	6	7	8	9

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

November

2024

October						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

December						
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Long Acre/Moody Park 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
3	4	5	6	7	8	9
St. Charles Blazers TBA	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm	Cross Country & Fall Training Wolf Branch Middle 5:30-7:30pm		
10	11	12	13	14	15	16
USATF Ozark Association Principia College	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
17	18	19	20	21	22	23
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
24	25	26	27	28	29	30
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm				
1	2	3	4	5	6	7

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

December

2024

November						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

January						
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
8	9	10	11	12	13	14
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
15	16	17	18	19	20	21
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
22	23	24	25	26	27	28
	Indoor Belleville West 6:00-8:00pm				Indoor Belleville West 6:00-8:00pm	
29	30	31	1	2	3	4
	Indoor Belleville West 6:00-8:00pm					
5	6	7	8	9	10	11

January

2025

December						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February						
S	M	T	W	T	F	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
5	6	7	8	9	10	11
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
12	13	14	15	16	17	18
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
19	20	21	22	23	24	25
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
26	27	28	29	30	31	1
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
2	3	4	5	6	7	8

February

2025

January						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

March						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
2	3	4	5	6	7	8
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
9	10	11	12	13	14	15
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
16	17	18	19	20	21	22
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
23	24	25	26	27	28	1
	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm	Indoor Belleville West 6:00-8:00pm		
2	3	4	5	6	7	8